

St John the Evangelist Catholic Church

2017 Mission Honduras

Trip 1: 7/7-14

Trip 2: 7/21-28

Participants must be at least a high school junior without an accompanying parent or guardian. Unaccompanied 1st time participants under 21 MUST have the consent of both parents & a letter of recommendation from a non-family member.

Trip Costs

- Trip fee: \$1200 (Includes airfare, room & board, most meals, exit tax, group shirt)
- Deposit: \$200 non-refundable deposit required to hold a spot.
- **May 1st Deadline for ALL paperwork and fees or \$100 late fee is charged.**
Cancellation refunds to be determined by the ability to fill the spot
- Additional Expenses:
 - Passport - \$120 - \$160 Website: <http://travel.state.gov/passport/> for information
 - Pursue as soon as possible to meet forms deadline.
 - Make a copy of your application before submitting to passport agency.
 - Minor applicants require consent of both parents.
 - If you have a passport, check the expiration date (MUST be renewed if expiration date is within 6 months of your return date.)
 - Passport book required – Passport cards not accepted for travel to Honduras

Immunizations – Cost varies according to provider and insurance. Consult your doctor or a travel clinic. Recommended for Honduras: Tetanus, Hep A, Typhoid, Malaria

Spending Money - \$50 - \$150 for snacks, souvenirs, extra outings & meals

Paperwork Requirements:

- 1) **Two (2) clear COLOR copies of your passport (photo & signature pages).**
Be sure to sign your passport prior to making copies. |Passport expiration date must be at least 6 months after travel. (Please do not laminate copies)
- 2) **One (1) passport photograph** (For replacement passport if lost or stolen in Honduras)
Photo Size/Requirements: <https://travel.state.gov/content/passports/en/passports/photos/photos.html>
- 3) **Mission Trip Application - Pages 1-4 are required for ALL participants**
 - Participant Information – page 1
 - Participant Waiver - page 2
 - Participant Agreement – page 3
 - Olancho Aid Foundation Release Form – page 4

Following is required only If < 21 on departure date:

- Minor Consent to Travel (Notarized signatures of both parents) – page 5
- Medical Evaluation for Minors – page 6
- Letter of Recommendation – (non-family) if 1st time participant & not accompanied by parent or guardian

Submit Paperwork and Payments (checks payable to St. John / memo: Mission Honduras fees) to

➤ Lisa LeBouef 37049 Roussel Rd. Geismar LA 70734 or St. John Office – Attn: Deacon Randy

Questions? Contact Lisa LeBouef @ 225-938-3252 or lrlebouef@eatel.net
Website: <http://stjohnsmiissions.webs.com>

2017 Honduras – Packing Information

Volunteer luggage Allowance:

- 1 Carry-on - 45 linear inches (22" x 14" x 9")
- 1 Personal Item (backpack, tote, purse which must fit under seat)

Checked luggage is reserved for group supplies and donations - Group supplies include first aid kit, general OTC medications, insecticide, snacks, plastic bags, fans, fly traps, sports drink powder, disinfectant wipes, air freshener, sunscreen & group donations.

Packing List:

- **PASSPORT**
- **Spending Money (\$50 - \$150 recommended)**
- **Insurance card (Immunization records not required)**
- **Medication:** Prescription & Malaria meds. Prescription medications must be in labeled prescription bottles to avoid possible confiscation by Customs. Bring extra in case we get delayed for any reason. A wide variety of OTC meds for most minor health concerns will be available in the group First Aid Kit.
- **Work Gloves**
- **Water Bottle**
- **Small Flashlight**
- **Modest attire PLEASE**
 - **Skirt, pant, /jeans or capris for Girls- Required for Travel & Mass/Shopping Outings**
 - **Khaki pants or jeans for Guys – Required for Travel & Mass/Shopping Outings**
 - Shorts – modest length & fit
 - Shirts – Girls: no strapless tops Guys: Must be worn at all times outside Volunteer house
 - Shoes - Closed toe shoes required at work sites - Sandals are ok for travel/recreation
 - Flip Flops (for the shower)
 - Undergarments & socks
 - Swimsuit (optional) – Modest or with cover up
- Wash cloth or Bath Scrunchy
- Toiletry bag or tote - Communal bathroom & showers
- Toiletry Items:
 - No liquids over 3 oz / All must fit in a quart size zip lock bag (TSA Regulations)
 - Bath soap and shampoo will be provided in shower area
 - A variety of donated miscellaneous toiletry items will be available if needed.
 - No flammables – check label for flame symbol on all liquids
- Sunglasses
- Hat
- Rain Poncho (lightweight or disposable)
- Earplugs (if you have issues with pressure / ear pain or rooming with snorers)
- Do **NOT** bring hair dryers or irons. (**INCLUDES TRAVEL TYPES**) They adversely affect electrical service.
- Do **NOT** wear or bring jewelry or personal items of monetary or sentimental value.
- Camera, Ipods, headphones, cell phones are permitted (Bring at your own risk).

Notes

- There are no laundry facilities readily available due to water restrictions.
- Sheets and large bath towels (1 per person) and bottled water (in dispenser) are provided.
- Transportation to and from the airport is a coordinated carpool of family members and friends.
- Check with your medical insurance company to determine if you are covered overseas and what the procedure is for recovering costs.
- Emergency contact and other important information will be provided to you to leave with your named emergency contact person prior to departure.
- Cell phones will work in Honduras but charges can be expensive. Contact your carrier for access plans and pricing. A group phone for check-in and occasional brief phone calls will be available.