

- Participants under age 18 must be accompanied by a parent or approved guardian.
- Participants under age 21 **MUST** have the consent of both parents (Re: Minor Consent to Travel – App. Pg. 5)

Trip Costs

- Trip fee: \$1200 (Includes airfare, room & board, most meals, exit tax, group shirt)
- Deposit: \$200 non-refundable deposit required to hold a spot. Space is limited & availability must be confirmed before a deposit and application are accepted.
- **May 1st Deadline for ALL paperwork and fees or \$100 late fee is charged.**
Partial refunds for cancellations are considered ONLY if the spot can be filled. Individual travel insurance is a personal option governed by the selected policy and not guaranteed by St. John.
- Additional Expenses:
 - Passport - \$120 - \$160 Website: <http://travel.state.gov/passport/> for information
 - Passport processing times vary. **Pursue as soon as possible to meet May 1st deadline.**
 - **Make a copy of your application before submitting to passport agency in the event of processing delays.**
 - If you have a passport, check the expiration date (**MUST be renewed if expiration date is within 6 months of the trip return date.**) A Passport CARD is not needed or accepted for travel to Honduras.
 - Immunizations – Cost varies according to provider and insurance. Consult your doctor or a travel clinic. Recommended for Honduras: Tetanus, Hep A, Typhoid, Malaria
 - Spending Money – \$200 Recommended (travel meals, souvenirs, additional outing expenses, etc)

Paperwork Requirements: ***** PLEASE READ CAREFULLY *****

- 1) **One clear COLOR copy of your passport photo & signature pages.**
Be sure to sign your passport prior to making copies. Passport expiration date must be at least 6 months after travel. (Please do not laminate copies)
- 2) **One (1) passport photograph** (For replacement passport if lost or stolen in Honduras)
Photo MUST NOT be the same as one on your passport
Background color, photo size, etc. MUST meet requirements & printed on photo paper
Photo Size/Requirements: <https://travel.state.gov/content/passports/en/passports/photos/photos.html>
- 3) **Mission Trip Application - Available online:** <https://stjohnsmissions.webs.com/mission-honduras>

Pages 1 – 4 are required for ALL applicants

- | | |
|---|---|
| <input type="checkbox"/> Participant Information – page 1 | <input type="checkbox"/> Participant Agreement – page 3 |
| <input type="checkbox"/> Participant Waiver - page 2 | <input type="checkbox"/> Olancho Aid Foundation Release Form – page 4 |

Pages 5-6 are required ONLY If age < 21 on departure date:

- Minor Consent to Travel (Notarized signatures of both parents) – page 5
- Medical Evaluation for Minors – page 6

Submit Paperwork and Payments (checks payable to St. John / memo: Mission Honduras fees) to

- Lisa LeBouef 37049 Roussel Rd. Geismar LA 70734 or to St. John Office – Attn: Lisa LeBouef/Mission Trip

For additional information or to reserve a spot, contact Lisa LeBouef @ 225-938-3252 or lrlebouef@gmail.com

2020 Honduras – Packing List

Volunteer Luggage Allowance:

- 1 Carry-on - 45 linear inches (22" x 14" x 9") + 1 Personal Item (backpack, tote, purse which must fit under seat)
- Additional Info: United Airlines <https://www.united.com/ual/en/us/fly/travel/baggage/carry-on.html>

Checked luggage is reserved for group supplies and donations - Group supplies include first aid kit, general OTC medications, mosquito repellent, disinfectant wipes, air freshener, sunscreen & group donations.

Packing List:

- **PASSPORT (Expiration must be at least 6 months past return date)**
- **Drivers license OR other proof of citizenship for non-licensed drivers**
- **Spending Money (\$200 recommended for travel meals, souvenirs, etc.)**
- **Insurance card (Immunization records not required)**
- **Medication:** Prescription & Malaria meds. Prescription medications should be in labeled prescription bottles to avoid possible confiscation by Customs. Bring extra in case we get delayed for any reason. A First Aid kit and a variety of OTC meds for most minor health concerns, sunscreen & mosquito repellent will be packed for the group.
- **Work Gloves**
- **Water Bottle**
- **Small Flashlight**
- **Modest attire PLEASE**
 - **Skirt, pant, /jeans or capris for Girls- Required for Travel & Mass/Shopping Outings**
 - **Khaki pants or jeans for Guys – Required for Travel & Mass/Shopping Outings**
 - Shorts – modest length & fit
 - Shirts – Girls: no strapless tops Guys: Must be worn at all times outside Volunteer house
 - Shoes - Closed toe shoes required at work sites - Sandals are ok for travel/recreation
 - Flip Flops (for the shower)
 - Undergarments & socks
 - Swimsuit (optional) – Modest or with cover up
- Wash cloth or Bath Scrunchy
- Toiletry bag or tote - Communal bathroom & showers
- Toiletry Items:
 - No liquids over 3 oz / All must fit in a quart size zip lock bag (TSA Regulations)
 - Bath soap and shampoo will be provided in shower area
 - No flammables – check label for flame symbol on all liquids
- Sunglasses
- Hat
- Rain Poncho (lightweight or disposable)
- Earplugs (if you have issues with pressure / ear pain or rooming with snorers)
- Do **NOT** bring electric hair dryers or irons. (**INCL Electric Travel Type**) They adversely affect electrical service.
- Do **NOT** wear or bring jewelry or personal items (monetary or sentimental value).
- Camera, Ipods, headphones, cell phones are permitted (Bring at your own risk).

Notes

- There are no laundry facilities readily available due to water restrictions.
- Sheets and large bath towels (1 per person) and bottled water (in dispenser) are provided.
- Transportation to and from the airport is a coordinated carpool of family members and friends.
- Check with your medical insurance company to determine if you are covered overseas and what the procedure is for recovering costs.
- Emergency contact and other important information will be provided to you to leave with your named emergency contact person prior to departure.
- Cell phones will work in Honduras but charges can be expensive. Contact your carrier for access plans and pricing. There is a group phone available at volunteer house.